
MENTAL HEALTH SKILL BUILDING

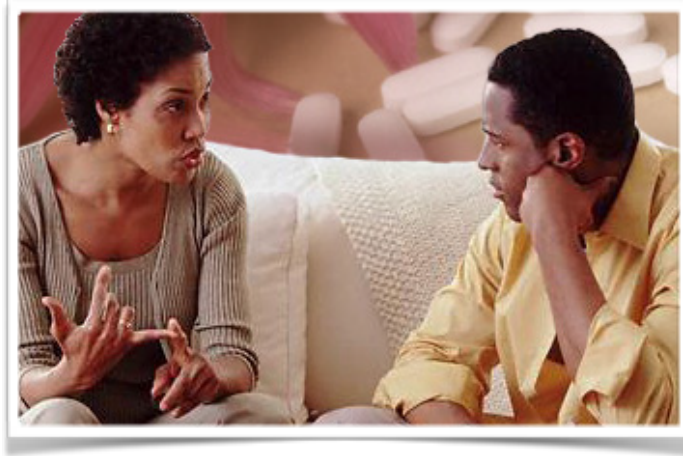
Solutions that meet the needs of the entire family, one person at a time.

Mental Health Skill Building

ACFS provides community based counseling and training services for adults and young adults who have difficulty managing independently in their environment because of mental health issues. These barriers present challenges to the client that can possibly lead them to homelessness, repeated hospitalizations, and/or harm to self and/or others. ACFS' goal is to provide services that help the client to realize a decrease in barriers while increasing social skills.

Services

- Individual Therapy
- Family Therapy
- ADL Training
- IADL Training
- Health and Safety
- Medication Management
- Community Integration
- Case Management
- Intervention



"A strong positive mental attitude will create more miracles than any wonder drug."

-Patricia Neal

Mental Health Skill Building Services (MHSBS) is the new name for Mental Health Support Services (MHSS). The new name reflects that this service is a training service –not a mental health clinical service, a preventative service, social welfare, nor crisis service. MHSBS is a training service for individuals with significant mental illness. ACFS' service is designed to train individuals in functional skills and appropriate behavior related to the individual's health and safety, activities of daily living, and use of community resources; assistance with medication management and monitoring health, nutrition, and physical condition. Our treatment focuses on enabling individuals with significant mental illness to achieve and maintain community stability and independence in the most appropriate, least restrictive environment. Treatment focuses on assisting the client with independent living skills and is therefore appropriate for older clients and adults.