

PARENTING SKILLS

Solutions that meet the needs of the entire family, one person at a time.

Parenting Skills Developed

- Communication
- Assertiveness
- Discipline
- Cognitive Restructuring
- Contracting
- Supervising
- Monitoring

Teaching Modalities

- Social Learning
- Cognitive Theory
- Individual and/or Group Discussion
- Video Scenarios
- Role Play
- Health and Safety
- Workbook Assignments



"We may not be able to prepare the future for our children, but we can at least prepare our children for the future."

-Franklin D Roosevelt

We provide comprehensive parenting training. Systematic Training for Effective Parenting, STEP, began in 1976 and has become the most recognized and used parent education materials in North America; making a worldwide impact on parent education. The STEP parenting program teaches effective parenting techniques, encourages mutual respect between parent and child, builds skills that reinforce cooperation, responsibility, and self-reliance.

Bring one of these STEP Parenting Program to your community:

Early Childhood STEP – For Parents of Children Under Six

STEP: Systematic Training for Effective Parenting – For Parents of Children Six to Twelve Years of Age.

STEP/Teen – For Parents of Children 13-19